

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| | | | Dec - 1 STEAK BITES W/ BBQ CORN FRENCH FRIES PEACHES MILK, VARIETY ROLL | Dec - 2 PORK FRITTER / BUN SCALLOPED POTATOES PEARS CARROTS / DIP JUICE MILK, VARIETY |
| Dec - 5 HAM / CHEESE SANDWICH CARROTS / DIP CHIPS ORANGES COOKIE JUICE MILK, VARIETY | Dec - 6 BBQ / BUN FRENCH FRIES TOMATO & CUCUMBER PEARS JUICE MILK, VARIETY | Dec - 7 CHICKEN WRAP SALAD W/ DRESSING GREEN BEANS PEACHES JUICE MILK, VARIETY | Dec - 8 CHICKEN NUGGETS BAKED POTATO BROCCOLI & CHEESE APPLESAUCE JUICE MILK, VARIETY | Dec - 9 SLOPPY JOE / BUN BAKED BEANS SEASONED FRIES FRUIT COCKTAIL JUICE MILK, VARIETY |
| Dec - 12 GENERAL TSO CHICKEN/RICE CALIFORNIA MEDLEY RED PEPPER SLICES FRUIT COCKTAIL RICE KRISPY TREAT MILK, VARIETY | Dec - 13 CHEESEBURGER / BUN CHIPS GREEN BEANS PEARS SALAD W/ DRESSING MILK, VARIETY | Dec - 14 TACO IN A BAG REFRIED BEANS CORN PINEAPPLE JUICE MILK, VARIETY | Dec - 15 HOT DOG /BUN CRISSCUT FRIES BROC & CAULIFLOWER BANANA JUICE MILK, VARIETY | Dec - 16 PORK FRITTER / BUN SEASONED FRIES BLACK BEANS & SALSA TROPICAL FRUIT SALAD JUICE MILK, VARIETY |
| Dec - 19 CHICKEN QUESADILLA CORN SALSA & CHIPS CUCUMBER SLICES PINEAPPLE JUICE MILK, VARIETY | Dec - 20 CHICKEN PATTY/ BUN CHEESE POTATOES PEAS APPLESAUCE MILK, VARIETY | Dec - 21 COOK'S CHOICE | Dec - 22 CHRISTMAS BREAK | Dec - 23 CHRISTMAS BREAK |
| Dec - 26 CHRISTMAS BREAK | Dec - 27 CHRISTMAS BREAK | Dec - 28 CHRISTMAS BREAK | Dec - 29 CHRISTMAS BREAK | Dec - 30 CHRISTMAS BREAK |

| | Average | Weekly Target | % of Target | | Average | % of Calories | Weekly Target |
|-------------|-----------|---------------|-------------|----------|----------|---------------|---------------|
| Calories | 689 | 600-700 | 100% | Sugars | 32.51* g | 18.88% | |
| Cholesterol | 71 mg | | | Protein | 29.29 g | 17.02% | |
| Sodium | 1169 mg | 1360 | | Carbohyd | 79.48 g | 46.17% | |
| Fiber | 6.03 g | | | Tot. Fat | 28.18 g | 36.84% | <=30.0% |
| Iron | 3.15 mg | | | Sat. Fat | 7.72 g | 10.09% | <10.00% |
| Calcium | 453.80 mg | | | | | | |
| Vitamin A | 2124 IU | | | | | | |
| Vitamin C | 15.23 mg | | | | | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.